



If you want a specific size from charts do not send measurements.

Measurements								Sizes from Charts			
Last Name, First Initial	M or F	Full Height Required	Chest or Bust	Waist	Hips	Neck	Sleeves	Shirt or Blouse Size	Coat or Gown Size	Pant or Skirt Size	Wrap or Vest Size
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EST. 1978

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**How to measure for her garments**

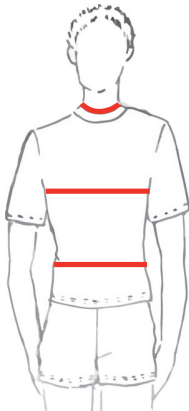
**Height:** With shoes on, stand with your feet slightly apart and your back to a wall. The measurement from the top of your head to the floor is your height.

**Bust Size:** Measure snugly (under arms) around fullest part of bust. Keep measuring tape parallel to ground.

**Waist Size:** Measure snugly around the narrowest part of waist, usually the belly button area.

**Hip Size:** Measure snugly around the fullest part of hips.

**How to measure for his garments**

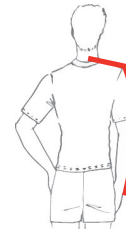


**Neck Size:** Open shirt collar and measure 2" above base of neck.

**Chest Size:** Place tape snugly around chest, high under arms. Be sure tape is well up on shoulder blade in back.

**Waist Size:** Medium snug measurements taken ABOVE waistband of trousers at natural waistline.

**Full height** is with shoes on (head to floor).



**Sleeve Length:** With arm down at side, start tape at center of back (at the neckbone). Measure with tape over TOP of shoulder, and down to the end of cuff (at the wrist bone).